

Real People
Real Opinions
Brighter Conversations! ♥

Discuss in Pairs

Share
Your Ideas!

- 1** I usually **stick up for** my friends when I think someone is treating them unfairly.

Is it true about you?

✓

✗

?

Why?

A true friend
stands up!

- 2** I try not to **put people down**, even when I strongly disagree with them.

Is it true about you?

✓

✗

?

Why?

Kind words
make a difference! ♥



Ask each other:

- Why did you choose that answer?
- Can you give a real-life example?
- Would you like to change anything about this?
- What would you do in the opposite situation?



Useful phrases:

1. From my perspective, ...
2. I'm inclined to believe that ...
3. I would argue that ...
— presents a confident, reasoned opinion.

Different
People
Brighter
Ideas!



Real Conversations
Stronger Relationships!



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1

GOOD
FRIENDS
GIVE
GOOD
ADVICE



I am good at talking people out of making decisions they might regret later.

Is it true about you?

✓

✗

?

Why?



2

If I have a serious argument with someone I care about, I usually try to make up with them rather than end the relationship.

Is it true about you?

✓

✗

?

Why?



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1

I can stand up to someone even when that person is more powerful, experienced or confident than me.

Is it true about you?

✓

X

?

Why?

2

My friends can easily talk me into doing something that I didn't originally want to do.

Come on!
It'll be fun!

You should
do it!

Trust us!



Is it true about you?

✓

X

?

Why?



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1 I have fallen out with someone because of a relatively small disagreement.



Is it true about you?

☐ ☐ ☐

Why?

2 I have drifted apart from someone who used to be very important to me.



Is it true about you?

☐ ☐ ☐

Why?



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I enjoy meeting up with friends, even if we don't have anything special planned.

Is it true about you?



Why?



2

When I have a lot of work or studying to do, I sometimes struggle to catch up on everything.

Is it true about you?



Why?



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I sometimes act on impulsiveness and make decisions before I've had enough time to think about the consequences.



Is it true about you?

☐ ☐ ☐

Why?

2

I consider myself a resilient person who can recover quickly after experiencing failure, disappointment or difficulties.



Is it true about you?

☐ ☐ ☐

Why?



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1

I believe that some aspects of a person's personality are innate and cannot be significantly changed through education or experience.

Is it true about you?



Why?



2

My curiosity often motivates me to learn about things that have nothing to do with my studies or work.

Is it true about you?



Why?



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I believe that children who are brought up properly are more likely to become responsible and respectful adults.

Is it true about you?



Why?



2

I don't completely agree that "a leopard can't change its spots" because I believe people can transform themselves if they genuinely want to.

Is it true about you?



Why?



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